



ESTES PARK
HEALTH
FOUNDATION

the
Foundation
NEWS


SEVEN DIRECTORS

Join Estes Park Health Foundation Board

Scott Applegate, MBA, Lisa Hohensee, RN, Dennis Hoshiko, John Knudtson, MD, Andrew Selig, ScD, Russ Schneider, PhD, and Debbi Stalder, BSN, join the Estes Park Health Foundation Board of Directors in 2023. Directors Carl Robicheaux, JD, Diane Scruton, Rodney Unruh, and Jim Whiteneck, MD, retire at the end of 2022.

“EPH Foundation’s Board Development Committee did a phenomenal job of finding talented, dedicated directors to join us this year, and I look forward to their unique contributions in the years to come,” said Teresa Mueller, Incoming EPH Foundation Board Chair. “I’m also grateful for the impactful work of the retiring directors. Their dedication of time and resources furthered the mission of Estes Park Health Foundation by increasing the endowment fund and bringing new equipment, training, and needed supplies to the medical center.”

The new board members bring expertise in business management, organizational structure, finance, and medicine to their volunteer roles on the Board of EPH Foundation. Applegate is a Senior Vice President and Chief Credit Officer at Bank of Estes Park. He serves on several boards and is a past Board President of Crossroads Ministry of Estes Park. Hohensee is a cancer survivor, Registered Nurse, and Front Line Leader for Humana Government Business. During Hoshiko’s career, he managed and operated many acres of agricultural lands throughout central Weld County. He has served as president on the North Colorado Medical Center Board of Trustees and Hospice and Palliative Care of Northern Colorado. Knudtson is a radiologist at Estes Park Health and has served on multiple medical boards. Selig owns Selig & Associates Consulting, serving organizations and senior-level executives. He is a past Advisor to the University of Denver PsyD program focusing on cancer. Schneider served two terms (6 years) on the EPH Foundation Board and is a past EPH Foundation Board Chairman. He retired from Monsanto as Senior Director of Regulatory Affairs and Policy. Stalder is retired from a role with the Weitz Company as Data Analyst/Claims Manager and currently serves as the Past President of the Estes Park Newcomers Club.

“I foresee impressive contributions from these accomplished individuals,” Mueller said. “EPH Foundation hosted a strategic planning retreat in September and many of these new directors participated alongside current EPH Foundation Board Directors & Staff, EPH Board Directors, and EPH’s CEO. They are ready to make a difference in the health care options and outcomes available to the residents and visitors of the Estes Valley.” 



SCOTT APPLEGATE, MBA



LISA HOHENSEE, RN



DENNIS HOSHIKO



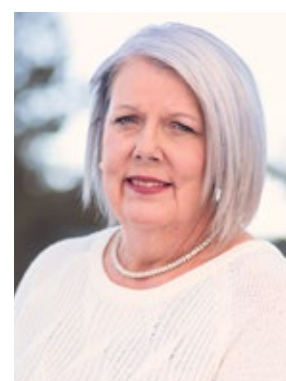
JOHN KNUDTSON, MD



ANDREW SELIG, ScD



RUSS SCHNEIDER, PhD



DEBBI STALDER, BSN



**ESTES PARK
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EPH Foundation Speaker Bureau

2022 was a tough fundraising year. Practically every investor saw a dip in returns. The triple pandemic of COVID-19, RSV, and flu limited our ability to gather for both donor education and celebration. In recognition of these challenges and the tabula rasa of a new year, I ask two things from you outside of my normal appeals for money.

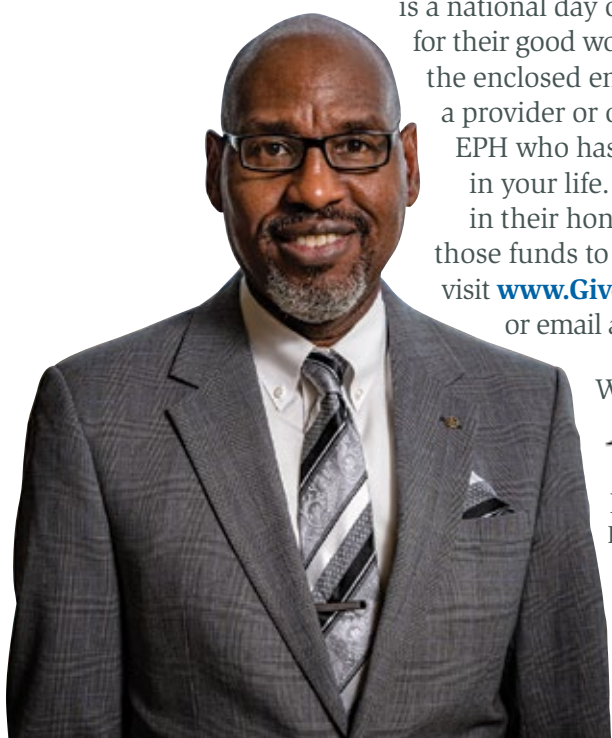
First, if you are involved with a group that hosts guest speakers, please reach out to schedule an EPH speaker. I can schedule a private EPH Provider Talk with your group, give a presentation about the impacts of EPH Foundation, or something else related to health care or philanthropy. In the past, I've talked about the benefits of giving assets like stock or art. There are strategic ways to use your IRA required minimum distributions or annuity your group may want to learn about. Providers can talk with your group about the importance of regular screenings like colonoscopies or mammograms, when to go to urgent care compared to the physicians clinic or the ED, or the service lines available at EPH. The possibilities are limitless. Contact me direct at 970-577-4306 or kmullin@eph.org. You can also fill out a form at www.GivetoEPH.org/speaker to request a date and topic.

Second, Doctors Day is on March 30. This is a national day of honoring physicians for their good work. Please consider using the enclosed envelope to send a note to a provider or other staff member at EPH who has had a positive impact in your life. If you'd like to donate in their honor, we'll certainly put those funds to good use. You can also visit www.GivetoEPH.org/doctorsday or email a note to giving@eph.org.

With Gratitude,



Kevin L. Mullin, MNM, CFRE
PRESIDENT




Doctors' Day

ESTES PARK HEALTH FOUNDATION

Wednesday March 30

Honor Your Physician with a Donation to Estes Park Health Foundation

You can Make a Difference for Your Community

Online: GiveToEPH.org/doctorsday
By Check: Clip this ad, include a note to your doc, and mail to PO Box 3650, Estes Park, CO 80517
By Phone: 970-577-4370

PATIENT COMPLIMENT

I want to express my gratitude for the professionalism and the compassion shown to me over six weeks of daily antibiotic infusions at EPH's Outpatient Infusion Clinic in the Fall of 2022.

The infusion center is clean and efficient. Staff are always friendly and compassionate. Early on, when I was in great pain, the staff allowed me to cry and mourn for what I was missing due to this lengthy treatment. When I got dizzy or sick to my stomach, they would bring me a wet washcloth or a snack and talk me through it. Every staff member gave me confidence I could beat this infection.

While I was there, I saw the empathetic way they treated other patients undergoing chemotherapy or blood transfusions.

I am so grateful EPH has this infusion center, which allowed me to receive excellent care... PLUS...I didn't have to drive up and down the hill.

Please know that as a year-round resident of Estes Park, I am grateful for EPH and the wonderful, dedicated employees like Kevin, Jen, and Cathy. Due in part to the excellent care I received at EPH, I decided to become part of the team. I am happy to announce I'm now Marketing and Communication Specialist at Estes Park Health.



~Wendy Rigby, Estes Park Resident

EPH Foundation is Here to Stay

As with the rest of the healthcare industry across the nation, Estes Park Health has faced significant challenges over the last several years. It's a challenge for small rural hospitals like Estes Park Health to provide high quality healthcare on a sustainable basis and invest capital in the technology needed to stay abreast of the industry. Estes Park Health is not alone in this struggle; the healthcare industry as a whole is consolidating in response.

While continuing to provide quality, compassionate healthcare, a viable option is for Estes Park Health to affiliate with a larger health system. As a 501(c)(3) nonprofit organization, the Estes Park Health Foundation will continue serving the community health needs in the Estes Valley, regardless of any affiliation created by Estes Park Health and a larger health system.

When a large health system affiliates with a community-owned medical center like Estes Park Health, the large health system

often invests monetary support to both the medical center and the supporting foundation. For example, Yampa Valley Medical Center affiliated with UHealth in 2017. As part of that affiliation, UHealth agreed to donate \$20 million to Yampa Valley Medical Center Foundation over seven years.



the LEGACY SOCIETY

Leave a Legacy through the EPH Foundation

Contact Kevin Mullin about a gift in your estate plans:
970.577.4306 or KMullin@eph.org

Crowns for the Care Funds Expansion & Upgrades for Estes Park Health Outpatient Infusion Clinic

Five women competed in the Crowns for the Care Competition last summer: Joy Gimar, Bethany Heun, Lesta Johnson, Emily Rayman, and Jenny Roberts, to support oncology services at Estes Park Health and compete for the title of Mrs. Rooftop Rodeo. They raised \$47,845 as a group with Lesta Johnson winning the Mrs. Rooftop Rodeo crown by raising almost \$15,000 in donations. Since its inception in 2017, Crowns for the Care has raised \$189,308 to support cancer care at EPH. In 2022, 100% of funds raised supported the upgrade and expansion of the Outpatient Infusion Clinic. Services include chemotherapy and other medications administered intravenously.

UPGRADES TO THE EPH OUTPATIENT INFUSION CLINIC INCLUDE:

- Increasing the Number of Infusion Stations from Five to Eight.
- Funding Partition Curtains for Each Infusion Station to Increase Patient Privacy.
- Providing Medical-Grade Tables for Each Station for Use by Patients and Infusion Technicians.

- Providing a Padded Guest Chair for Each Station.
- Providing an iPad with Headphones for Each Station for Patient Use.

EPH Foundation is looking for Crowns for the Care Contestants for the 2023 Mrs. Rooftop Rodeo Competition that takes place from June 1-July 8. The winner will be announced during Pink Night at the Rooftop Rodeo on Saturday, July 8. If you're interested, please contact the Foundation office at giving@eph.org or 970-577-4370. 🌈



We Need Your Help

How would you like to be crowned 2023 Mrs. Rooftop Rodeo?

Contact us at 970-577-4370 or giving@eph.org

Donate all or part of your **2022 Colorado State Refund** directly to Estes Park Health Foundation. Enter the info to the left on the **"Donate to a Colorado Nonprofit Fund"**

Re FUND

line of your return or give this ad to your tax preparer.

[Estes Park Medical Center Foundation]

Registration #: 20033003081

Give the Gift of Good Health
www.GiveToEPH.org
970-577-4370



The Estes Park Health Foundation welcomes the opportunity to explore an association with a larger healthcare organization. Contributions in the past, present and future will continue to remain local and support our community. If you have questions, please contact Kevin Mullin directly at 970-577-4306 or kmullin@eph.org. 🌈



P.O. Box 3650
Estes Park, CO 80517

ESTES PARK HEALTH FOUNDATION

Estes Park Health Department **Wish List**

If you'd like to support a department at EPH, please review the wish list below and contact the Foundation at giving@eph.org or 970-577-4370.

EPH Sports Medicine Academy

Each year, EPH's Orthopedic & Sports Medicine Surgeon, Dr. Aaron Florence, hosts a Sports Medicine Academy for local high school students. This event is a daylong simulation of treating sports injuries, touring the hospital, and meeting with different medical professionals to discuss career paths.

Cost: \$990

EPH Physicians Clinic Stryker Wheelchairs

EPH Physicians Clinic needs two new wheelchairs to replace the existing fleet, which are old, outdated, and missing some components like footrests. Wheelchairs are used to transport patients around the medical center and newer models are more intuitive for patient use and have a one-touch brake system.

QTY: 2 | Cost per Unit: \$3500

EPH Physicians Clinic Spot Check Vital Towers

Spot Check Vital Towers capture a full panel of patient vitals and make efficient and effective use of time for both staff and patients. These towers are needed due to addition of services lines and the proposed relocation of some services away from the main clinic.

QTY: 2 | Cost per Unit: \$2500

EPH Physicians Clinic ECG Machine

EPH Physicians Clinic needs to update one of their ECG machines, which are used to help diagnose common heart problems. The machine that needs updated cannot support necessary IECG software or EKG readings.

QTY: 1 | Cost per Unit: \$8500

EPH Respiratory Therapy Vest Airway Clearance System

Vest Airway Clearance Systems dislodge mucus from the bronchial walls and mobilize secretions and mucus from the smaller to larger airways where they can be cleared by coughing or suctioning. This device will expand the department's capabilities and help patients breathe better.

QTY: 1 | Cost per Unit: \$9100