



**ESTES PARK
HEALTH**
FOUNDATION

the
Foundation
NEWS

Estes Park Health Foundation Funds Radios for Emergency Medical Services

In 2021, Rocky Mountain National Park changed digital capabilities to VHF frequency, which impacted Estes Park Health Emergency Medical Service's ability to communicate with RMNP during requests for medical assistance. Communication between RMNP and EPH EMS professionals is critical for appropriate management of resources as well as patient care during emergency situations in RMNP.

In response to this urgent need, Estes Park Health Foundation ran an emergency campaign to fund the \$31,000 cost of the new radios. The campaign was fully funded in weeks.

"Donors and individuals responded so quickly to this request," said Kevin Mullin, President of Estes Park Health Foundation. "Everyone at EPH Foundation and EPH EMS are grateful for the generous response. Rocky Mountain National Park has one of the highest search and rescue incidence rates in the country, and the new radios will allow for effective care in the field as well as continuity of care during and after transport."

*The
campaign
was fully
funded in
weeks!*

The new radios were put in service in August.





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It's all about PURPOSE

A donor asked me recently about the purpose of an endowment. An endowment is a legal structure for perpetuating resources according to the will of its donors. Donors can choose to give to an endowment any time. Often, gifts to endowments are part of donors' estate plans so that their resources can help an organization when the donor no longer needs them.

At the end of 2020 (the most recent date of audited financials), the Foundation had an endowment of about \$1.8 million. In addition to the endowment fund, EPHF has other funds that are temporarily restricted by time or purpose according to the wishes of the persons who donated, and those dollars are used when the restrictions are cleared.

Endowments are designed to keep the principal intact so that funds can grow over time. In fact, the Foundation Board is prevented from using the principal balance for grants or operations but can use the earnings for those purposes. How the funds are used is based on the wishes of the people who donated. Usually, funds used to build the endowment come from donations restricted to that purpose, and sometimes funds come from earnings of the existing endowment fund.

Donations that are given to fund a specific project are always used for that project, and EPHF regularly reports on projects funded. The

Foundation funds projects for EPH each year through a combination of funds raised from contributions and dollars earned through the endowment investment gains (if applicable). When receiving donations not marked for a specific purpose, EPHF balances the goals of funding current needs for EPH and building the endowment to make sure that EPHF can continue its mission into the future. If you have questions about EPHF's endowment or operations, please feel free to reach out.

Sincerely,

Kevin L. Mullin, MNM, CFRE
PRESIDENT

What is an Endowment Fund?

Endowment funds are used by non-profit organizations to secure the longevity of their missions. Because the principal balance is maintained and only investment earnings can be used for operational expenses, donations to Estes Park Health Foundation's Endowment Fund ensure the Foundation can give the gift of good health for years to come.

THE CASE FOR ENDOWMENT

Let's assume an endowment fund earns a net total return averaging **7% per year**. Furthermore, this endowment fund has a payout policy allowing a **4½% distribution**.

A contribution of \$10,000 to this endowment fund 100 years ago would:

- Distribute \$5,187 this year
- Have a value of \$118,137 this year
- Have distributed \$194,647 over the years

Endowment funds take advantage of the miracle of compounding interest, a phenomena Albert Einstein called the 8th Wonder of the World!



WANT TO KNOW MORE?
Contact us at 970-577-4370
or visit GiveToEPH.org



Give the Gift of Good Health to the Next Generation

Name Estes Park Health Foundation
in Your Will or as a Beneficiary on
an Insurance Policy or Retirement
Account.

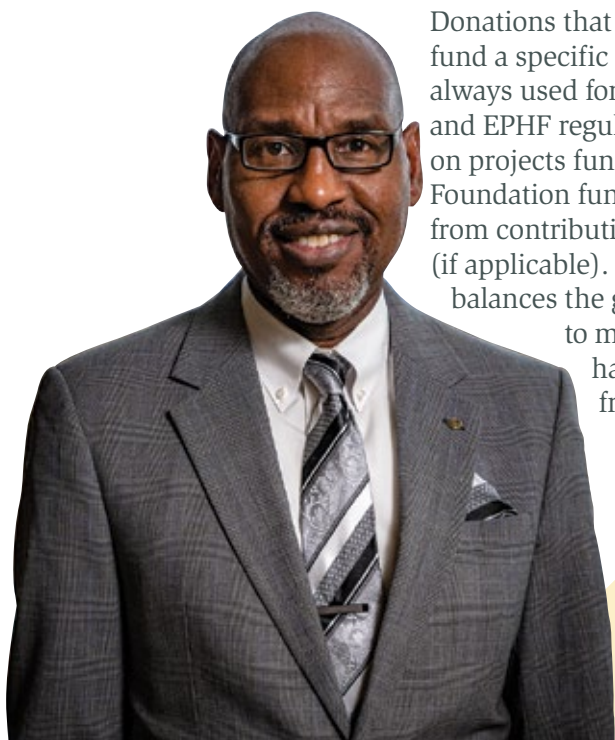
Contact Kevin Mullin at
970-577-4306 or KMullin@eph.org



**ESTES PARK
HEALTH**
FOUNDATION

the **LEGACY**
SOCIETY

Every Person Who Includes EPHF in Their Estate Plan is a Member of The Legacy Society



EPH Department WISH LIST

The COVID-19 pandemic and 2020 wildfires brought forced closures, limited services, and unbudgeted expenses to EPH. Outside of emergencies, capital expenditures are on hold in 2021. If you have the capacity to support a department at EPH, your funds can directly purchase critical supplies and equipment. Please review the list below and contact the Foundation at www.GivetoEPH.org or 970-577-4370 if you'd like to contribute.

Med/Surg

EPH Med/Surg needs K-Pads to assist patients with pain control and discomfort. K-Pads serve as a heating or cooling pad for patients and are useful in a variety of circumstances, including post-surgery. K-Pads can be used to cover large surface areas of the body as well as extremities. By using circulating water, K-Pads deliver consistent temperature to target tissues over time.

Cost per Unit: \$450 — QTY Needed: 2

Emergency Medical Service (EMS)

EMS needs Portable Suctioning Units, which are used to effectively clear an airway in an emergency situation. Portable Suction Units are a mainstay in every hospital and are used to remove respiratory secretions when a patient is unable to do so themselves, assist a patient that is vomiting or seizing while unconscious, clear blood from an airway, or remove a foreign substance from a patient's windpipe and/or lungs.

Cost per Unit: \$590 — QTY Needed: 8

Pediatrics (Neonatal)

Estes Park Health Pediatrics needs a mannequin for their Neonatal Resuscitation Program. Newborn Anne™ is a mannequin that represents a full term, 50th percentile newborn female. She's used for critical skills training required to resuscitate a newborn in the first 10 minutes of life. She can be intubated, have lines placed, and accommodate interosseous needles and chest needles in a realistic fashion. Her airway is designed to allow for all aspects of training in newborn airway management, including the use of positive-pressure airway devices, placement of ET tubes and LMAs. The torso includes functionality to relieve tension pneumothorax via needle decompression, and she has IO access in both legs. Her patent umbilicus has a manually generated pulse that can be assessed, cut, and catheterized for IV access. This tool is essential for EPH staff training.

Cost per Unit: \$2,900 — QTY Needed: 1

Pediatrics (Vision Screener)

Estes Park Health Pediatrics needs a vision screener, which tests the vision of children as young as 6 months for problems like farsightedness, nearsightedness, blurred vision, unequal refractive power, eye alignment, and unequal pupil size. Use of a vision screener is ideal for early intervention programs targeted at special needs, pre-verbal, and preschool children. Early detection can save a child's vision. The vision screener provides results in seconds and can import and export vision screening records directly into EPH's EPIC Electronic Healthcare Record system. Patients who need follow up care receive a one-page screening result to take to their eye care specialist.

Cost per Unit: \$8,000 — QTY Needed: 1

CONSECUTIVE Donor Recognition Program

A special thank you to these donors who have hit a milestone in their consecutive giving.

20 Years

Ann Pew Curran and Edward Curran
Glonda Hix
Joanne White

15 Years

Olympus Bellevue Heights POA
Sandra Peacock and Craig Lovejoy
Lawrence and Linda Williams

10 Years

Shelley and Brad Doggett
Charley and Linda Griffin
Gary and Linda Hall
Ella Mae McGuire
Jenny O'Gorman
Larry and Karen Olson
Audrey TeSelle

5 Years

Bank of Estes Park
Bill Berry
Don and Kathy Bryson
Joe and Delphine Casey
Jeff and Erika Cheley
Audrey Clearman
Jane Colrud and Heather Moore
Gail and James Cozette
Keith and Nancy Hammond
Greg and Karen Hebbel
Janice Hicks
Tim and Carolyn Hull
Frances and Howard Karp
Louise and John Koss
Linda and Ronald Krein
Margaret Matti
John and Elizabeth McKinley
Miles and Bonnie Mewherter
Kevin L. Mullin
Paul and Donna Newendorp
Ford and Merry Nielsen
Donna Rosser
Dr. C. Donald Seedle
John Stauffer
Rod and Sherry Unruh
Sarah and Chuck Westerheide
Vicki Wright and Jan Jensen
Nick and Elizabeth Zelinger

Paint Estes Pink 2021

Paint Estes Pink is a weeklong initiative put forth by Estes Park Health Foundation to raise money for cancer services at Estes Park Health. The week culminates in Pink Night at the Rooftop Rodeo where Paint Estes Pink Competition Winners are announced.

The Cause

In its 8th year, Paint Estes Pink raised funds to purchase a new MRI machine at Estes Park Health. MRIs are often used to diagnose certain types of cancer and to see if cancer has spread to other parts of the body.

The current MRI machine at EPH is 14 years old, and due to its age, requires more and more repairs and maintenance. EPH gives 5-6 MRIs each day, downtime for maintenance means less availability for use, and the machine is near end of life.

Crowns for the Care Competition

The Crowns for the Care Competition enlists local women to raise funds to win the title of Mrs. Rooftop Rodeo, announced during Pink Night, which is Saturday night of the Rooftop Rodeo in July. Starting June 1, women raise money to benefit oncology services at Estes Park Health. This year, 100% of funds raised go toward the purchase of a new MRI machine.

Five women competed in the Crowns for the Care Competition in 2021: Melissa Addison, Dona Cooper, Lisa Hohensee, Sonja McTeague, and Stacey Tabor. These local volunteers raised \$26,870 as a group with **COOPER** winning the Mrs. Rooftop Rodeo crown by raising over \$19k in donations, a new record.

The Foundation sends out a special thank-you to the contestants and also to the Past Mrs. Rooftop Rodeo Queens who donated countless hours of their time to serve as mentors and support staff. Fundraising like this truly takes a village.

Business Fundraising

To raise funds for Paint Estes Pink, local businesses display collection jars during Rodeo Week or donate a portion of profits to Paint Estes Pink. The business that raises the most funds receives a custom award to display for a year. Water Wheel Gift Corner won this award in 2021. The Foundation is so grateful for everyone that participated, including the Estes Park Mountain Bike Team, who dropped off and collected donation jars.

Best Decorated Business Competition

Local Businesses dress their storefronts in Pink during Rooftop Rodeo Week and volunteer judges determine the best-looking one. The winner displays an award for the year with their business name inscribed. This year Bank of Estes Park won the best-decorated competition. Leaving no stone unturned in their decorating efforts, Bank of Estes Park decorated to support a co-worker who is fighting breast cancer.

Sponsors

The Rooftop Rodeo, Estes Park News, and Estes Park Trail-Gazette all supported Pink Week with thousands of dollars of in-kind donations in services and ad space.



“Our message to the community, in winning this contest is that we support those who are in this horrible fight, that you are not alone, and we encourage everyone to help however they are able.”

~SCOTT APPLGATE, Chief Credit Officer, Bank of Estes Park



Thank You



to Everyone Who Made Paint Estes Pink a Success!!

2021 BUSINESS COMPETITION WINNERS:
Best Decorated – Bank of Estes Park
Top Fundraiser – Water Wheel Gift Corner

CROWNS FOR THE CARE CONTESTANTS:
Melissa Addison, Dona Cooper,
Lisa Hohensee, Sonja McTeague,
Stacey Tabor

2021 Mrs Rooftop Rodeo DONA COOPER

ALSO: Top Fundraiser Bus. Participants | Best Decorated Bus. Participants
Past Mrs. Rooftop Rodeo Queens | and our Countless Volunteers



DONACOOPER

EPH Foundation Happenings

Theresa Brynard took over as Executive Assistant at the Foundation office in May 2021, and both the Board and Staff are so happy with her contributions thus far. Brynard has over 20 years of experience as an Executive Assistant. Originally from South Africa, she loves to travel and has lived in the U.S. since 1998. She spends her free time enjoying the natural beauty of Estes Park and traveling to Texas to spend time with her grandchildren.



Over the summer, Kaci Yoh, Development & Communications Coordinator, completed a Grant Writing course at the University of New Mexico. The course will complement her existing responsibilities as grant writing and management lead at EPHF.

EPHF Board & Staff members are participating in Estes Park Health Nonprofit Resource Center's Board Governance Training August-October. The training was made possible by grant funding from Sunrise Rotary Club in Estes Park.



Pinktober

Screen for Breast Cancer

OCTOBER is
Breast Cancer Awareness Month

Schedule a 3D Mammogram
today by calling **970-586-2317**

 [GiveToEPH.org/Pinktober](https://www.GiveToEPH.org/Pinktober)

 **ESTES PARK**
HEALTH
FOUNDATION

PATIENT COMPLIMENTS

"I won't name any individuals because the care was outstanding across the board...the care I received in the Emergency Dept. and Med/Surg was outstanding!"

~ K.D.L.

Celebrate Pinktober:

Honor a Cancer Warrior at Estes Park Health

October, or Pinktober as many now call it, is Breast Cancer Awareness Month, and EPHF will spend the month raising awareness of early detection and honoring breast cancer warriors.

According to the U.S. Department of Health & Human Services, breast cancer is the second most common form of cancer found in women, and about 1 in 8 women in the United States today will have breast cancer at some point in their lives. If discovered early, women have up to a 90% chance of survival, whereas survival drops to about 15-20% if found in later stages. To increase rates of early detection, Estes Park Health Foundation fully funded bringing 3D mammograms to Estes Park Health in 2019, and 3D mammograms have been available at Estes Park Health since May of 2020.

Most insurers cover the cost of mammograms every 1-2 years for women aged 40 and over. Call 970-586-2317 to schedule your mammogram. If you're not insured, EPH Patient Financial Services is happy to meet with you and discuss your options. Patient Financial Services can be reached at 970-577-4530. Early detection saves lives.

To support a cancer warrior in your life, donate \$20 to have a ribbon inscribed in honor of a loved one. Cancer Warrior Ribbons will be displayed on a Tribute Wall in the medical center lobby. Visit www.GivetoEPH.org/pinktober or call 970-577-4370.



Elizabeth Guild Awards 2021 Scholarships

The Elizabeth Guild recently awarded **six scholarships** to Estes Park Health Employees. The 2021 recipients are **Melissa Addison**, **Broxton Dennis**, **Rachel Galbraith**, **Arewon George**, **Iryna Irklienko**, and **Alena Lunkwitz**. The total amount of the scholarships awarded are \$10,000.

Addison, an Emergency Department Access Representative, will pursue a Wilderness First Responder certification to enhance her work in the EPH ED as well as with the Estes Park Police Auxiliary. She enjoys hiking and would like to join a Search and Rescue unit in the future.

Dennis, EMT, will take the next step in his career to become a paramedic through St. Anthony's Paramedic Program.

Galbraith is a Medical Lab Scientist and is currently enrolled in a B.S. program in Medical Laboratory Science at Weber State University.

George, Wound Care Nurse, is taking a Wound Care Certification Course at the Wound Care Institute of Denver.

Irklienko, Pre-Access Specialist, is pursuing a Master of Healthcare Administration at Colorado State University.

Lunkwitz, Director of Materials Management, will achieve a certification in Lean Six Sigma with an IASCC accredited provider to further her work at Estes Park Health.



The Elizabeth Guild operates a thrift store at 427 West Elkhorn here in Estes Park. The proceeds from that operation fund scholarships for Estes Park Health staff and facility improvements designed to help Estes Park Health accomplish its mission. The Guild has been in operation for more than 40 years and donated over \$4 million to Estes Park Health.