



# ESTES PARK HEALTH

## Estes Park Local Mental Health Providers

### **Suicide Hot Line: 800.273.8255**

Help with clients who are either suicidal, dealing with suicidal thoughts, or having trouble regulating emotional responses.

### **Heart-Centered Counseling has on-call therapist:**

- Monday, Tuesday, Wednesday 9am-5pm: Diane @ 970-658-0190
- Thursday, Friday: 9am-5pm: Ann @ 970-480-7371

### **Dr Carl Nassar and 70 providers at Heart-Centered Counseling**

970-310-3406

Tele-counseling and tele-psychiatry available to persons 10 years of age. Teleconference from UCHealth Timberline Clinic (131 Stanley Ave, Suite 202, Estes Park 80517, 970-586-2343), Larimer County Department of Health and Environment conference room (1601 Brodie Ave, Estes Park 80517, 970-577-2050) as available schedule with Deb or Kay by calling 577-2050 or the client's own home pending adequate band width.

### **Adam Johnson**

Location: 2515 Tunnel Road EP CO 80511. Office is in Hyde Chapel at YMCA.

970-586-3341 ext. 1043.

Email: [ajohnson@ymcarockies.org](mailto:ajohnson@ymcarockies.org)

Adam is the Chaplin at YMCA, professional counselor, meets with community members. He is a Christian counselor however, he is open to counseling non-Christian community members.

Service include couples, children, depression, anxiety, grief loss, as well as women's and men's issues. Has a therapy dog.

### **Susan Anderson, MSW at Alpine Counseling Services, LLC**

1180 Graves Ave Unity A-6 Estes Park 80517

970 286-4886

Services include late adolescents, early adult. Accepts Medicare.

### **Erin Fonken at Bethany Counseling and Consulting**

970-690-8355

Services include: Children, individuals, couples, family counseling. Does not accept insurance.

Offers sliding scale fee.

**Estes Valley Crisis Advocates**

Address shared prior to appointment  
970-577-9781

**Ken McDonald PsyD**

363 E Elkhorn Ave Suite 311 Estes Park 80517  
970-577-0452 cell: 415-264-9504

Service includes: Children. Accepts Medicare. Office may be same as Lynn's TBA. (Training with Lynn Harris mid-January, starts full time March 1, 2019)

**Ryan Hale**

Peak to Peak Plaza on Hwy 7, Estes Park 80517  
970-215-4030  
Email: thejocdoc@outlook.com

**Sarah Hills**

934 Big Thompson Ave, Estes Park 80517  
720-250-6610

**Steve Kellar LTC**

720-202-6020.  
Website [lightshinecounseling.com](http://lightshinecounseling.com)  
Email: [lightshinecounseling@gmail.com](mailto:lightshinecounseling@gmail.com)  
Offers adult, couples and individual male counseling.

**SummitStone Health Partners**

1950 Redtail Hawk Drive, Estes Park 80517  
970-586-9105  
**24/7 Crisis Line 970-494-4200 -1**

**Susan Yarrington**

Estes Park 80517  
970-586-4591

**Tim Grether**

Stanley Village Office Suite Estes Park 80517  
970-586-8077