



ESTES PARK
HEALTH
FOUNDATION

the
Foundation
NEWS

New Physicians & Services at Estes Park Health

To increase our access to high quality care in the Estes Valley, Estes Park Health recruited Joseph Lee, MD in Internal Medicine, Juli Schneider, MD in Internal Medicine, and Patti Aldridge, MD in Pediatrics.

Dr. Lee was working on a contract basis in the Estes Park Health Physician Clinic for several months and officially joined Estes Park Health on October 23, 2018. Dr. Lee is a graduate of Northwestern University Medical School and did his residency at Georgetown University. He is certified by the American Board of Internal Medicine. Dr. Lee credits his father, who grew up in a poor, rural town in South Korea, as the inspiration for his career choice. "He was raised in a traditional Asian culture," says Dr. Lee about his dad, a pediatrician. "He cared about others and wanted to help his family and community, and he imparted those values and goals to me." Dr. Lee takes an educational approach with his patients, teaching them about their health to facilitate their decisions. "I always try my best to understand my patients," he adds. "If they know that I am sincere and come to trust me—that's a relationship that's very gratifying."


Dr. Schneider graduated from the University of Kentucky, College of Medicine and did her residency at the Medical University of South Carolina. She is certified in Internal Medicine by the American Board of Internal Medicine. Dr. Schneider believes, "Life is a gift, and maximization of one's health and functional status is the foundation for living it to its fullest. It is a privilege to be a part of a patient's journey in pursuing their individualized health goals, but also to help relieve fears and guide a patient and their family through the physical, emotional and spiritual challenges in the face of chronic and sometimes insurmountable illnesses. I want my patients to know that I will be their fierce advocate. I will do for them what I would want done for my own family members, friends or myself if the roles were reversed." Dr. Schneider joined Estes Park Health in January 2019.

Dr. Aldridge joined as a part-time Pediatrician in early November. Dr. Aldridge is Board Certified in Pediatric Critical Care and a Fellow of the American Academy of Pediatrics. Dr. Aldridge enjoys being an intimate part of families' lives and loves working with kids. "I like when

parents take ownership of their kids' health and stay informed," shared Dr. Aldridge. "I like to share my knowledge and make recommendations, and then decide as a team the best way to proceed."

Estes Park Health also contracted with Children's Hospital Colorado to provide Pediatrics coverage for both the Hospital and the Physician Clinic on call and after hours in order to provide the best possible care at all times for the children of our community.

In addition, the Hospitalist program continues to help treat more patients locally. Hospitalists coordinate patients' care in the hospital. They are the physicians that organize the communication between different doctors caring for a patient. Hospitalists serve as the point of contact for questions and the comprehensive plan of care. They are also the main physician for family members to contact for updates on a loved one. The Hospitalist program at Estes Park Health is a contracted service with Rural Physicians Group (RPG). Since instituting this successful service, Estes Park Health has seen a 21% growth in Inpatient Care and ambulance transfers to other hospitals have decreased. The Hospitalists have allowed the hospital to keep more patients in their community for care.

Estes Park Health has also contracted with RPG for Surgicalists. A Surgicalist is a highly trained, board-certified surgeon who provides surgical services in the hospital and the outpatient clinic. In order to maintain better continuity of care from the outpatient to inpatient setting, there are two to three General Surgeons rotating through Estes Park Health. The Surgicalist Program allows more patients to have surgery in Estes Park and remain close to home for follow-up care. 



DR. JOSEPH LEE



DR. JULI SCHNEIDER



DR. PATRICIA ALDRIDGE



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The 'Leave a Legacy' Campaign

When I hear the word 'legacy' it brings different things to mind. For example, I drive a 2009 Subaru Legacy, and it's been one of the best cars I have ever owned. Webster's has a definition of legacy as "a gift by will, especially of money or other personal property / bequest," and this definition aligns with the purpose of the Leave a Legacy campaign. A goal of the Leave a Legacy Campaign is to share the benefits of making legacy gifts – giving through one's estate plan. Webster's also defines 'legacy' as "something transmitted by or received from an ancestor or predecessor or from the past." At the end of the day, the Leave a Legacy Campaign is a vehicle to invest in the future of the Estes Valley.

Coordinated by the Estes Park Nonprofit Resource Center's Estes Valley Legacy program, this group is a collaboration of local nonprofit organizations who work together to share the benefits of estate giving. The 15 member organizations are spending this year inviting the community to learn how they can leave a legacy here in the Estes Valley. We all have people in our lives that are important to us—children, grandchildren, siblings, and friends, and the Estes Valley is a place that has come to be so special to each one of us. Legacy gifts enable us to make a difference for future generations.

The Estes Park Health Foundation has set a goal of 11 new legacy gifts as a part of the campaign. Four have been committed as of January 2019. From a simple bequest to a gift annuity or IRA designation, there are many ways to make a gift to ensure the continued strength of Estes Park Health and the availability of local, quality healthcare while using your assets to live today. You can designate the use of your funds—from endowment to providing support for a specific program like the Living Center (PPLC) or Ambulance Department.

If you would like information about legacy giving options, please contact me (970-577-4306). Make 2019 the year that you join me and dozens of other donors who have chosen to leave a legacy in the Estes Valley through the Estes Park Health Foundation. You will be glad you did.

Sincerely,

Kevin L. Mullin, MNM, CFRE
EXECUTIVE DIRECTOR



CALENDAR OF EVENTS

FEBRUARY 9

Estes Park Wine & Chocolate Festival

FEBRUARY 16 & 17

Rails in the Rockies

FEBRUARY 19

CPR Classes for Lay/Non-Healthcare Providers

FEBRUARY 21

ACLS Recertification

MARCH 7

Basic Life Support/CPR Class

MARCH 19

CPR Classes for Lay/Non-Healthcare Providers

APRIL 4

Basic Life Support/CPR Class

APRIL 12 & 13

Estes Park Big Foot Days

APRIL 25 & 26

Advanced Life Support Certification

MAY 4

Estes Park Duck Race Festival

the **LEGACY**
SOCIETY

**Leave a Legacy
through the
EPH Foundation**

Contact Kevin Mullin about a gift in your estate plans:
970.577.4306 or KMullin@eph.org

Three New Board Members Confirmed and Two Retire

We welcome Ericka Santana, Teresa Mueller, and Mike Romero to the Board of Directors and say thank you to our two retiring members. Past-President and Treasurer Tara Moenning left the board at the end of last year after serving a 3-year term. She's served on the board for a total of 9 years, and everyone at the Foundation appreciates the hard work and dedication of her service over the years. Dr. Guy Van der Werf, Director, has also left the board after serving one term. His healthcare knowledge and perspective have been invaluable to the Foundation Team.

New Board Member **Ericka Santana** owns Chelito's Mexican Restaurant and La Mexicana Grocery. She has been a Bilingual Counselor at Estes Valley Crisis Advocates since 2004, and her business sense and knowledge of our local community make her a great addition to the group.

Teresa Mueller is also a business owner at Mueller Pye & Associates. She has been a homeowner in Estes Park since 2005 and an avid community volunteer. She is currently involved with the Regional Development Council and the Investment Committee of the Community Foundation of Northern Colorado, Front Range Community College Business Advisory Committee, Rotary Club of Loveland, and Rotary International District 5440. Her accounting background and prior board experience make her an ideal fit.

Mike Romero is the publisher of the Estes Park Trail Gazette. He recently served on the Community Foundation of Northern Colorado Estes Valley Community Fund board and volunteered as a high school football coach for more than 20 years. Mike's team spirit and publishing background are a welcome addition to the team. 



FROM LEFT: TIM HULL, RUSS SCHNEIDER, TARA MOENNING, AND GUY VAN DER WERF



ERICKA SANTANA



TERESA MUELLER



MIKE ROMERO




Leave a Legacy

Our staff and volunteers have dedicated their time to training and education on estate gifts so we can help you achieve your charitable goals in the most effective and efficient way available to you. Did you know that you could sustain our future with gifts of jewelry, real estate, adding us as a beneficiary to your IRA, life insurance policy, or Will?

We're taking a proactive approach to help donors navigate the murky landscape of planned and estate gifts. One of the ways we are upping our game is by participating in the Estes Valley Legacy *Leave a Legacy* Campaign, and Board Member Debby Hughes is our volunteer Planned Gift Champion.

Every person who includes us in their estate plans becomes part of our Legacy Society, and we show our appreciation with a list of benefits like a recognition brick in Estes Park Health's courtyard, a personal liaison to assist with EPH appointment scheduling, and concierge services during overnight stays at EPH.

Every little bit helps, and there are many ways to give outside of cash donations. If you are interested in discussing your giving goals, including a planned gift, please contact our Executive Director, Kevin Mullin, at kmullin@eph.org or 970-577-4306. 



Estes Park Health Urgent Care Center

Estes Park Health is creating an Urgent Care Center to provide accessible, affordable urgent healthcare for our community and guests. The Urgent Care Center is a facility that treats immediate needs that aren't life threatening, a walk-in medical clinic with extended hours. The center will have its own laboratory, full-service x-ray capabilities, and urgent dose pharmacy services. The staff will be licensed in Emergency Medicine and supported by on-call Emergency Physicians.

Urgent care needs in our community are expected to grow 16% over the next four years, and Estes Park visitor population now exceeds 4.5 million in one year. With the creation of this Urgent Care Center, visitors will be able to get urgent care in Estes Park rather than driving down the mountain. They will also be able to help support the health system in Estes Park.

Located at 800 Big Thompson Ave, the Urgent Care Center will be at a high profile location that is easily visible to residents and visitors. Across from the Safeway gas station on the North side of Highway 34, the property is close to downtown, yet out of areas that become congested during the tourist season. If you'd like to learn more about Estes Park Health Urgent Care Center, please contact Lisa Taylor at ltaylor@eph.org or 970-577-4390.



July 25, 2018

Dr. Larry Leaming, CEO
Estes Park Health
555 Prospect Drive
Estes Park, CO 80517

Dear Dr. Leaming:

I was admitted to our hospital on the evening of July 10 for difficulty in breathing. Dr. Daley in the ER, after talking with me at some length and running some tests, advised that he wanted to admit me to the hospital. I was in full agreement as this condition is an ongoing issue for me now and I knew I needed help.

I feel I have to tell you how pleased and pleasantly surprised I was at the great improvement in our local hospital. I have lived in this town for 25 years. Nine years ago, with a serious, life-threatening problem, I refused to be admitted into our hospital but insisted I be sent to MCR where I received excellent care for nine days. I was quite impressed with their facility and still hear marvelous things from others who have been sent there for serious heart problems. I must say, after two days in our own fine facility, Estes Park Health is certainly on par with MCR and I have been saying so loud and clear to all I have shared my experience with.

If offered a million dollars to find one single fault with any of the staff at our hospital, I would have to tell them to keep their money. From the hospitalist, Dr. Kenneth Epstein, down to the cleaning crew, all were professional and went above and beyond. Erin Wooley, RN, another RN named Erin who told me she only comes up one day a week to work, Eric, RN, Eve RN, Thayne, RN all gave me great care. Even though I knew the entire staff was very busy, everyone was quick to come to my aid when needed. The CNAs who attended me with their compassion, senses of humor and professionalism were Joya, Aspen, Setsuko and Amy. The food was as good as at any restaurant in town. The turkey panini alone was a rave.

At risk of making other staff or care I received seem less than excellent, I will say that Eric, when faced with a problem of getting me into a chair, which I pointed out was too low, switched out the one in my room for a hip chair so I was able to sit by the window and keep an eye on Estes Park. I kept the entire staff running both days bringing me more water and assisting me to the restroom. Everyone was cheerful and bore it well.

I was greatly impressed with the teamwork among everyone. An RN did not feel it was beneath her position to assist me or to even help me bathe. If every business in this nation had such excellence in teamwork, our nation would thrive again. Kudos to the entire staff.

Not to slight anyone at all, I want to say Karen in Respiratory Therapy was great and also Michelle in Physical Therapy, who was called in to help me deal with an ongoing issue I have due to a progressive neurological disease I've had for years. I received great care from both fine women.

I sincerely hope you will share my letter with your hospital staff and let them know how much I appreciate their willingness to go above and beyond and give us a hospital we can all be proud of. No hospital can offer all things to all people, but ours is certainly on par with the best.

Thank you for your time in reading this epistle. ☺

Sincerely,

Happy EPH Patient

P.S. My delay in mailing this letter is due to yet another stay in our hospital, where I was treated just as well as during my previous stay. I was attended then by some of the same staff and others who were new to me. Elise, RN and Jess, RN were both excellent! Thayne, RN installed a new IV in my arm one night and did a great job! I've had many IVs in the past years and the one he installed was probably the easiest I've ever had and he picked an excellent site to place it—above my left wrist. His sense of humor and mine are very similar and I'm afraid I may have laughed a bit too loud during this procedure. Eve is so very compassionate and even told me she was glad to see me again, not necessarily for this reason, however. ☺

Setsuko and Joya are fantastic CNAs. I understand Joya was leaving to move back to Missouri, which is too bad for the hospital but a good thing for her personally. Setsuko was right there to do anything I needed, even the things that may not have been very pleasant. She bore it with dignity and kindness. Mark in Respiratory Therapy and Michelle in Physical Therapy were again involved in my care and I was again amazed at their knowledge and so appreciate the help I received.

Dr. Asadi is wonderful!! Too bad he doesn't have an office here in our clinic. Maybe you could convince him to do so. His knowledge and compassion were very calming. He even called his friend, Eric, in Pulmonary Medicine at MCR to make sure he hadn't overlooked anything in my treatment. I tried to thank Dr. Asadi but he told me not to thank him as he was doing his job. I later thanked him for doing his job so incredibly well.

Thank you for bringing this wonderful staff together for the benefit of this town.

ELIZABETH GUILD

Continues to Support EPHF



In August, the Elizabeth Guild continued its generous support by presenting a \$65,000 check to the Estes Park Health Foundation at their Annual Elizabeth Guild Tea. This year's funds went towards the Emergency Capacity Campaign and employee scholarships for continuing education.

The Emergency Capacity Campaign was fully funded at the end of 2018 and was an initiative to upgrade cardiac monitors for the Ambulance Fleet and purchase trauma stretchers for the Emergency Department.

At the tea, the Foundation also awarded Elizabeth Guild Scholarships to Jessica Brown and Rachel Hofsess.

Brown has almost 20 years of emergency services experience, including advanced flight operations, and is a 3-time



JAN KILGORE PRESENTS SCHOLARSHIP
TO RACHEL HOFSESS



JAN KILGORE PRESENTS SCHOLARSHIP
TO JESSICA BROWN, EMT-P

scholarship recipient. She is a CNA, an EMT, and has an Associate's Degree in Biology and Paramedicine as well as Paramedic certifications. She'll use this scholarship to obtain a Critical Care Transport endorsement from Arapahoe Community College to support a program for the Ambulance Department.

Hofsess is an RN and volunteer firefighter. She'll complete a bridge program for emergency room nurses and ICU nurses with EMT certifications. At the end of her course with Creighton EMS Education, Hofsess will be able to apply for a paramedic certification. In addition to her work as an Emergency Room Nurse, she's been working in the field as an EMT since January 2018 to prepare for this training. 🌈

Emergency Capacity Campaign a Success

In January, you fully funded our Emergency Capacity Campaign. With these funds, the Foundation can purchase life-saving equipment needed for Estes Park Health's Emergency Department and Emergency Medical Services. The new equipment, three trauma stretchers and four cardiac monitors, purchased with the funds raised in the Emergency Capacity Campaign will make an immediate difference for the teams.

"The new trauma stretchers will provide safer patient access for staff and be more comfortable for the injured patients we receive. The built-in scale will provide accurate weights for patients who need critical medications, and the hydraulics of the stretchers will protect staff from lifting injuries," said Leslie Roberts, Emergency & Trauma Director.

"The cardiac monitors we are replacing are being phased out, so going forward, we wouldn't have the ability to support them," said Guy Beesley, Emergency Medical Services Director. "The cardiac monitors are the keystone of what is done in the ambulance. Our EMTs and Paramedics can relay information about the patient to the Emergency Department staff so that they are ready to treat the patient when we arrive."



**GUY BEESLEY (EMERGENCY MEDICAL SERVICES DIRECTOR)
AND LESLIE ROBERTS (EMERGENCY & TRAUMA DIRECTOR)**

A big thank-you to everyone involved in this effort. The resources and time given by our volunteers and donors made this campaign a success. With your help, the Emergency Capacity Campaign was possible. 