



**FALL 2017** 

## Foundation Leader Dies in Fall

The EPMC Foundation and the Estes Park community are mourning the loss of a great community leader, Kendall A. TeSelle. Ken served on the Board of Directors for nearly 6 years and was President in 2015 and 2016. The term for a Foundation President is typically 1 year, but Ken served 2 years – he always responded when there was a need.

While hiking in Rocky Mountain National Park, Ken slipped and fell on Mount Lady Washington, above Chasm Lake. Bystanders and park rangers attempted CPR, but Ken was pronounced dead at the scene.

Ken moved to Estes Park after a career in Reading, PA, serving as the executive director of the Children's Home of Reading for 30 years. Locally, he was active as a volunteer at the YMCA of the Rockies, Rocky Mountain National Park, and Presbyterian Community Church of the Rockies.

Dustin Gaffke photo credit

"Ken TeSelle was a wonderful man and will be missed by all," said Shelley Doggett, President of the EPMC Foundation.

Ken was known in the community as someone who always had a smile and a good word for everyone. He was very wise, dedicated, and trustworthy. The Estes Valley truly benefitted from his service, but takes solace in knowing that he is in a better place and that he died

doing what he loved –

hiking in RMNP.

Ken is survived by his loving wife Audrey and their sons David and Mike (Mary Beth), along with grandchildren MacGregor, Quinlan, and Cole, and other family and friends throughout the country.





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### From the Executive Director

This has been a busy summer. Highway 34 is now open (until it closes again). There have been endless visitors downtown and throughout the community. Various festivals have attracted thousands of participants. The Rooftop Rodeo had a very successful run back in July. EPMC has been quite busy providing care for residents and visitors who need our services. Rocky Mountain National Park has seen millions of visitors. People may see Estes Park as a 'small tourist town in the mountains,' but we definitely see big things happening here in our community.

Despite the busyness of summer, it is important that we make time for what is really important – people. I have had the privilege of visiting many donors and patients this year, learning about them and their families and sharing about EPMC. Estes Park Medical Center impacts many lives in a positive way, even more than we sometimes realize. Most of our patients are not only

someone's spouse or parent, but they are also grandparents, nephews, nieces, uncles, cousins, neighbors and friends. Because of you, our donors, we are able to be there for each patient and resident, making a difference in their lives and the lives of their loved ones.

The Foundation has recently published its 2016 Annual Report. In it, you can see some of the work that you have accomplished. *The report is available at:* 

#### http://bit.ly/2v0mvgK

Thank you for partnering with us to make a difference in the lives of people in the Estes Valley and beyond.

Sincerely,

Kevin L. Mullin, MNM, CFRE EXECUTIVE DIRECTOR



EPMC VOLUNTEERS ARE HONORED AT THE 2017 VOLUNTEER TEA

### **CALENDAR OF EVENTS**

SEPTEMBER 22 Estes Park Homecoming Color Run

SEPTEMBER 25 EPMC Blood Drive

SEPTEMBER 30 Free Entrance to Rocky Mountain National Park Rut Run 5K

OCTOBER 3 & 5 EPMC Basic Life Support/CPR Class

OCTOBER 11-14 US Trail Running Conference

NOVEMBER 7 & 9 EPMC Basic Life Support/CPR Class

**NOVEMBER 11 & 12** Free Entrance to Rocky Mountain National Park

NOVEMBER 23 YMCA Turkey Trot 5K Fun Run/Walk

### Leave a Legacy through the EPMC Foundation



Contact Kevin Mullin about a gift in your estate plans.

(970) 577-4306 or kmullin@epmedcenter.com

### **The Knutsson Society**

Join a giving circle of dedicated partners with your annual gift to The Foundation of \$1,000 or more.



# **PPLC Residents to Enjoy Upgrades**

There is a lot going on at Prospect Park Living Center, EPMC's on-site skilled nursing care facility. Brook Richardson, PPLC's new administrator, has been busy updating communal living spaces and family gathering areas, working with the EPMC Foundation on creating a fully-equipped private exam room, and planning for a campaign to replace 35 resident beds.

"For most of our residents, moving into PPLC has required tremendous down-

sizing of belongings," said Richardson. "Especially during that kind of big life-transition, any additional comfort we can provide is so appreciated. I want to ensure that we provide the absolute best experience possible."

That commitment to serving the needs of residents is building upon the existing excellence that PPLC has been recognized for in the areas of quality, resident satisfaction and employee satisfaction.

On August 4th, a new exam room was unveiled that gives residents an increased level of privacy and

comfort for medical check-ups. Having this fully-equipped room in PPLC will also mean that residents won't have to travel to the Estes Park Medical Group offices for many types of medical services. Even though EPMG is in the same





building, it can be stressful for some residents to be moved from their familiar setting. Donors Paul and Donna Newendorp, who made the new exam room possible, were on hand to do the ribbon cutting and check out the equipment, including an elevating patient chair/exam table.

"Brook did a wonderful job decorating and outfitting this beautiful new room. The equipment will make physical exams so much more comfortable for my PPLC patients," said Dr. Amanda Luchsinger, PPLC Medical Director. "It will also make things physically

> easier on staff since we won't have to work around and lean over the beds in residents' rooms."

> One of the next upgrades for PPLC is obtaining 35 new beds for resident rooms. A comfortable bed is essential to residents' quality of life. The EPMC Foundation is working on raising the \$75,000 needed to purchase the beds. To discuss

how you can get involved with this important project, contact Kevin Mullin at 970-577-4306 or kmullin@epmedcenter.com.







# **Grateful Patient Helps Locals Fighting Cancer**

If you were at this year's Tough Enough to Wear Pink Night at the Rooftop Rodeo, you may have noticed Maggie Daubin's tears during the Mrs. Rooftop Rodeo crowning. However, it wasn't the excitement of winning that made her emotional – it was the thrill of hearing how much all of the Crowns for the Care contestants raised in support of local cancer care. In total, the 11 contestants raised \$14,456 to help purchase needed equipment for the Estes Park Medical Center's Oncology Department. As the top fundraiser, bringing in about \$5,000, Maggie won the crown.

"I'm a cancer survivor, both my mother and brother had cancer, and I have several clients who have had to drive to the valley to be treated for cancer," said Maggie. "So when I was asked to be a contestant and raise money to help local cancer patients, I couldn't say no."

> For Maggie, Crowns for the Care was never about winning. She had fun with it and was continuously amazed by how generous her

friends and clients were. Many gave without even being asked – they simply saw in the newspaper that she was competing.

"Everyone is touched somehow by cancer," said Maggie. "For a small town, we are lucky to have the level of care available at EPMC. I was happy to be able to help."

Although Maggie dealt with her cancer before moving to Estes. She and her husband have been EPMC patients for other concerns including surgery and emergency room visits.

"It all felt very personalized, the staff are very compassionate and the facility is very clean," said Maggie. "I was especially grateful to have such a short car ride when dealing with kidney stones. I couldn't imagine having to drive an hour or more when dealing with that pain. We are blessed to have EPMC in our community."

See the Paint Estes Pink article on page 5 to learn more about how cancer care has been enhanced using the funds raised by Maggie and the other Crowns for the Care contestants, in addition to donations from other aspects of the Paint Estes Pink campaign.

# Paint Estes Pink – A Huge Success

#### By Kerrie Hill, EPMC



Just over \$27,000 was raised in the Paint Estes Pink Campaign that was held the week of July 3rd. Led by campaign chair Adam Shake and a dedicated group of community members, the pink campaign showcased the generosity and support of not only the medical

center's oncology department but to assist those patients being treated for any form of cancer.

Not only did the local businesses decorate their storefront and sell "Pink Week" items, but for the first year a "Crowns for the Care" competition was held. Local women competed for the title of Mrs. Rooftop Rodeo. Maggie Daubin won the crown with \$5,040 in donations. Runner-up was Karla Van Drie who raised \$3,195.

This year's campaign also included a "Give Cancer the Boot" tribute. For \$20, a patron could purchase a boot in memory of an individual who has had cancer. Estes Park Medical Center's front lobby displayed, honored, and memorialized 38 individuals.

Local businesses stepped up to the plate decorating and adding donation jars in their storefronts for Pink Week. The Elizabeth Guild and Lizzie's Boutique came in first place with a total of \$1,034.50 in donations and Mary Jane's was second with a total of \$608.79. The best decorated business was Napa Auto Parts.

Estes Park Medical Center also participated in Pink Week. Employees purchased honorary pink boots and had one day where everyone dressed in Pink. Because Rodeo Week coincided with Pink Week, Estes Park Medical Center held a stick pony decorating contest which followed a pink theme with a pink corral for all the stick ponies. Estes Park Medical Center Ambulance Crew were on-stand by each night at the rodeo, and for Tough Enough to Wear Pink night the crew were dressed in Pink Cinch shirts. During Pink Week, a group of cowboys from the rodeo came over to visit the patients in the Medical/Surgical unit and the residents of Prospect Park Living Center. Thank you to the Rooftop Rodeo committee for arranging this visit.



The Trail Ridge Quilters created a beautiful quilt for an on-line silent auction. The \$350 winning bid was placed by Kris Hazelton.

There were many financial and in-kind sponsors for Pink Week as well. Sponsorships included the Rooftop Rodeo, Estes Area Lodging Association, Estes Park-Trail Gazette, Estes Park News and Visit Estes Park. An in-kind donation from BD/Care Fusion, a global medical technology company, provided a \$4,000 discount on the cost of the two IV Pumps purchased with funds from the campaign.

Everyone is affected by cancer in some way. Estes Park Medical Center is grateful to the community and our local businesses and sponsors who helped make Paint Estes Pink such a success. The two new IV Pumps will assist patients in getting the very best in IV therapy care.



DONORS SHIRLEY SHIREY, TARA MOENNING AND PHIL MOENNING DEDICATE A NEW VITAL SIGNS MACHINE IN HONOR OF FR. BILL SHIREY IN THE OUTPATIENT INFUSION CLINIC, ALONG WITH DAUGHTER CAROLYN SHIREY, MED/SURG DIRECTOR ERIN WOOLEY, AND INFUSION NURSE ERIN HEIB.



P.O. Box 3650 Estes Park, CO 80517



### **A Long History of Support**

The Elizabeth Guild recently presented a \$65,000 check to the EPMC Foundation. Since the Guild was founded in the early 1970s, it has raised nearly \$4 million for EPMC staff continuing education scholar-

ships and equipment that supports patient care. Their long-standing partnership has been invaluable to staff and leadership at the Medial Center.

The Guild raises funds through the sale of gently used items at their thrift shop and Lizzie's Boutique. The thrift shop is open Tuesday-Saturday, Elizabeth Guild Thrift Shop. Lizzie's Boutique is two doors down from the thrift shop, and open Wednesday through Saturday, 10AM–4PM As a 501(c)(3) nonprofit, donations are tax deductible to the full extent of the law.





10AM-4PM and is located in the West Park Center at 443 W. Elkhorn Ave. Donations of clothing, linens, home goods, books, toys and small appliances are welcome during those hours at the

SUSAN POWELL HENSHAW, ELIZABETH GUILD BOARD PRESIDENT, WAS PLEASED TO PRESENT KEVIN MULLIN, EPMC FOUNDATION EXECUTIVE DIRECTOR, WITH A \$65,000 CHECK TO BENEFIT THE ESTES PARK MEDICAL CENTER ON AUG. 16.

