

## Community Driven Care

Many locals have had their children welcomed into the world by Martin Koschnitzke, MD, more commonly known as "Dr. K." He has been delivering babies and providing obstetric and gynecological care at Estes Park Medical Center since 1996.

When asked what he appreciates the most about EPMC, Dr. K is quick to answer that he values the exceptional care provided by the nursing staff. He believes that patients know they'll be well cared for and it makes a difference.



"Nowhere will you be loved like here," said Dr. K. "We have a very tight knit staff and know our patients by name. We are truly taking care of friends and neighbors."

As such, he sees the Medical Center as an integral part of the community. Beyond providing

health care services, it's one of the larger employers and has developed many partnerships with other community organizations to enrich the health and wellbeing of residents.

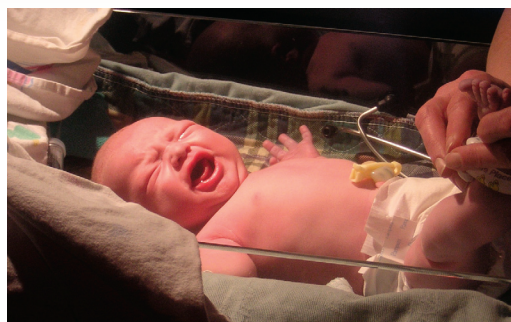
"We've seen how quickly large events like the 2013 flood and blizzard of 2003 can isolate us," said Dr. K.

"It is crucial to have the ability to care for individuals' health needs right here in town. Some of those needs just can't wait."

That's why he and other physicians and staff have gone so far as to take up residence in the hospital during such emergencies. A soon-to-be new mom was able to make it in and he delivered her baby when the rest of the Town was shut down due to that snowstorm in 2003.

With that kind of dedication, it is no surprise that Dr. K has also been a long-time EPMC Foundation donor. He first pledged a regular pay check deduction to help with funding the Emergency Room renovations and has donated to several other capital campaigns since then. Particularly close to his heart are projects benefiting women's health services.

If you'd like to discuss how your passions might align with Medical Center needs, contact Kevin Mullin at 970-577-4306 or [kmullin@epmedcenter.com](mailto:kmullin@epmedcenter.com). He is always happy to help connect donors with opportunities that make giving more meaningful. ✚



Sara McKeown photo credit

## Paint Estes Pink Benefits Local Cancer Care

Paint Estes Pink began in 2014 when the Estes Park Western Heritage (hosts of the Rooftop Rodeo), Stanley Hotel and the Estes Park Trail-Gazette decided to expand upon the Wrangler-sponsored Tough Enough to Wear Pink night. Rather than focus on cancer research, their desire was to benefit local cancer care services at EPMC. Since then, the list of collaborators and activities has grown, however the cause remains the same and 100% of the funds raised will benefit the care and comfort of EPMC patients facing any form of cancer. We are grateful to all of the community members who have been busy planning and coordinating new elements of this year's Paint Estes Pink campaign.

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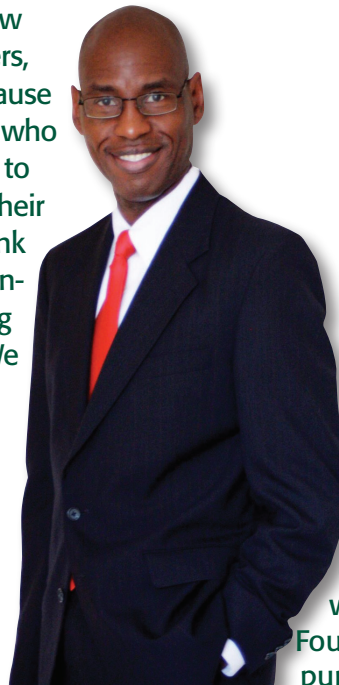
## From the Executive Director

Happy Spring from the EPMC Foundation. We continue to work hard to raise funds to improve the health of residents and visitors to the Park Hospital District. As we finalize our Annual Report for 2016, we note that The Foundation had a very successful year. More than \$97,000 was raised to fund the replacement of the Infant Security System at the New Life Center at EPMC. Babies will be safer because people like you gave generously. Thank you for your support. Additionally, our total fundraising for the year increased by \$141K, or 32%. We received 31 gifts toward the Capital Campaign for The Wellness Center, and also welcomed 157 brand new foundation donors. These numbers are just numbers, and I recognize that. However I mention them because each number represents people. These are people who have chosen to partner with the EPMC Foundation to improve the lives of their family, their friends, and their neighbors. On behalf of the Board of Directors, thank you for caring. Thank you for ensuring that The Foundation is able to continue to help with the growing financial needs of the Estes Park Medical Center. We literally could not do it without you.

Sincerely,



**Kevin L. Mullin**, MNM, CFRE  
EXECUTIVE DIRECTOR



## Attention Western Art Lovers

The EPMC Foundation is partnering with the Estes Park Western Heritage Foundation to present the 2017 Windows to the West Art Show. This fantastic show will feature many pieces of exciting Western Art for your collection. If you are just beginning your collection, this will be a wonderful way for you to get started. There will be many different types of art on display for purchase, including bronze, oil paintings, water colors, prints, and more!

During the weekend, there will also be a gala event, and Art Education sessions to help you better understand the pieces on display. You will have the opportunity to interact with the artists and see live art demonstrations.

The proceeds from the show will be used to further the work of EPMC and other organizations right here

## CALENDAR OF EVENTS

### MAY 20

*Fit Family Fun Run*

### JUNE 1-JULY 8

– *Paint Estes Pink*

– *Give Cancer the Boot Tribute*

### JUNE 2-4

*Windows to the West Art Show & Sale*

### JUNE 17

– *Estes Park 5K*

– *Kids, Kids, Kids: Bike, Run, Fun!*

### JUNE 18

*Estes Park Marathon, Half & Marathon Relay*

### JUNE 28

*Bike to Work Day*

### JULY 15

*Estes Valley Relay for Life*

in our community. As an EPMC supporter, any art that you purchase using our Partner Certificate will generate a gift to the EPMC Foundation equal to 20% of the purchase price. It is a win-win!

The show will take place June 2-4, 2017, at the Estes Park Events Center. Admission is only \$5, and children under 12 are admitted free. For more information, visit [www.windowswestart.com](http://www.windowswestart.com).

To obtain a copy of the EPMC Foundation's Partner Certificate, visit the website at [www.GivetoEPMC.org/WesternArtShow](http://www.GivetoEPMC.org/WesternArtShow). +

**Windows to the West**  
**ART SHOW**  
**& SALE**

Estes Park, Colorado  
[WindowsWestArt.com](http://WindowsWestArt.com)



## ESTATE GIVING:

### Making a Long-Term Impact

Gene (age 67) and Leona (age 66) recently retired and moved to Estes Park from Nebraska. Gene was a successful business owner and Leona was a homemaker. Years ago they purchased a rental property in their home town. It was now fully depreciated and too far away to manage well. They would have a huge capital gains tax bill if they sold. They were charitably minded.

Gene and Leona learned from the EPMC Foundation about a charitable remainder unitrust. They placed the property in the trust, which sold it at its market value of \$600,000. Because the trust is tax free, they completely avoided \$84,000 of capital gains tax. They also received a charitable deduction with the potential of saving them over \$60,000 in income taxes. And they will receive annual income of \$30,000, with likely modest annual increases, for the rest of their lives. This represents a 25% increase over the \$24,000 they had been receiving from the property each year. And they did not have to worry about leaking toilets or frozen pipes in the winter any longer.

When Gene and Leona are gone, the EPMC Foundation will receive as much as \$1.4 million, distributed from the remaining principal of the trust.



The story is fictitious, but the numbers are real. Many charitably-minded retirees in the Estes Valley have similar highly-appreciated assets like real estate or investment portfolios. The EPMC Foundation can help them achieve results similar to Gene and Leona's by showing them how to set up a charitable remainder trust or gift annuity. There are other gift tools that can be used in various other scenarios in order to accomplish your philanthropic goals. For a confidential discussion about your situation, contact Kevin Mullin at (970) 577-4309 or [kmullin@epmedcenter.com](mailto:kmullin@epmedcenter.com). +

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One way you can participate is through the "Give Cancer the Boot Tribute." Visit [www.GiveToEPMC.org/GiveCancerTheBoot](http://www.GiveToEPMC.org/GiveCancerTheBoot) to dedicate a pink paper boot in honor or memory of a friend or loved one who has had cancer. Their name will be placed on a boot and added to the "Give Cancer the Boot Tribute" display.

The display of boots will be available for public viewing from June 1-July 7 at Estes Park Medical Center and then at the Rooftop Rodeo's Tough Enough to Wear Pink night on Saturday, July 8.

For more information about all of the Paint Estes Pink activities, visit [www.GiveToEPMC.org/pink](http://www.GiveToEPMC.org/pink). +

FRANK PONZER



### Here to Help

If you stop by the hospital on a Monday afternoon, you're likely to run into Frank Ponzer at the front door. He's been volunteering in this hospitality function for just over a year and is ready to help you with

directions, getting a wheelchair, or any other assistance you might need.

"This is a great way to utilize my free time and makes me feel like I'm providing a valuable service for the people in our community," said Frank. "It is wonderful to feel needed and be able to help others."

Working at the hospital has also given Frank the opportunity to meet a lot of great people and see some of Estes Park's wildlife.

"One time there was a herd of about 150 elk milling around the front parking lot. The staircase landing in the lobby proved to be a great observation deck," said Frank. "I've also seen a bobcat walk past the lobby windows."

What Frank has found more extraordinary than the wildlife, however, has been the hospital and staff. Frank has been impressed with the facility, how it's run and the amount of physicians and specialists.

"Especially given the size of our town, what we have is fantastic," said Frank. "I'm proud to be a part of it and come to work each week."

To learn more about volunteering, visit [GivetoEPMC.org](http://GivetoEPMC.org) or contact Amber Rahn at 970-577-4458 or [arahn@epmedcenter.com](mailto:arahn@epmedcenter.com). +

**VOLUNTEER SPOTLIGHT**



P.O. Box 3650  
Estes Park, CO 80517



## Thankful for Thoroughness

For a couple weeks Russ Schneider had been feeling a little short of breath—nothing too extreme, just something he noticed any time he exerted himself. On the way into a meeting at EPMC, he happened to mention how he'd been feeling to Dr. Frank Dumont who recommended they immediately check it out.

When initial tests didn't find issues with Russ' heart, Dr. Dumont persisted and finally discovered that blood clots had formed in Russ' lungs. What could have resulted in a life-threatening situation was easily handled with blood thinners and a two-day stay in the Medical Center.

"Since I didn't have any other symptoms, I wasn't in a hurry to get it checked out," said Russ. "I was lucky and am very grateful that Dr. Dumont didn't let it go after his initial suspicions weren't confirmed."

His great experience with Dr. Dumont and the nursing staff during that stay, is just one of several that have shown Russ how great the people and facility are at EPMC.

He moved to Estes from Washington DC about six

years ago and has found the services and personal attention to be remarkable. What has also impressed Russ is that if there is value in a second opinion or expertise not available in Estes, his physician has never been reluctant to refer him elsewhere.

"Dr. MacElwee, my primary care physician, has made sure I get exactly the care I need," said Russ. "It's made me feel confident that everything has been done that can be and that it's been done right. Every experience I've had at the Medical Center has been incredible." +

RUSS SCHNEIDER



PATIENT SPOTLIGHT



The Trail Ridge Quilters' "Paint Estes Pink" quilt.